



HOURS OF OPERATION

Pool, Health & Fitness Areas
Daily 6:30 am - 9:00 pm

Salon and Spa Services
Sunday - Thursday 8:00 am- 8:00 pm
Friday & Saturday 8:00 am- 9:00 pm

A One-of-a-Kind Experience

G Spa represents the image of its founder Gretta Monahan. Gretta is best known for her ground-breaking and award-winning salons and fashion concepts. Her beauty and fashion vision have been well documented on television and in magazines such as Vogue, Harper's Bazaar and The Rachael Ray Show.

When Gretta was invited to be part of Foxwoods Resort Casino, she knew she had a unique opportunity to create a spa that offered an unparalleled level of luxury and service. Once you enter the unique world of G Spa, you will agree that she has most definitely done so.

G Spa was designed to reflect Gretta's vision and the sensibilities of you – our clients, while respecting the Native American heritage of our hosts – the Mashantucket Pequot Tribal Nation, all in a stunning environment.

We invite you to visit G Spa and suggest that you select one or more of our treatments that we will personalize for you. After all, you're an individual inside and out, from your hair and skin to your personality and attitude.

Your treatment should be as unique as you are.

For your Information

We offer a relaxed atmosphere, so please feel free to wear your most comfortable clothing.

G Spa is a 21+ adults only facility. We request that your children do not accompany you to G Spa.

Use of our fully-equipped locker rooms, custom G Spa robes, towels and slippers are available before and after your spa service.

We suggest that you arrive early for any G Spa & Salon service to enjoy the benefits of our elemental relaxation facilities – pool, whirlpool, steam & sauna.

We gladly accept the following methods of payment:
Foxwoods Resort Casino room charges, Foxwoods gift cards, Foxwoods rewards points,
all major credit cards and cash.

G Spa/Foxwoods gift cards are available for purchase at G Spa's reception desk.

To ensure a healthy environment for our clients, smoking and vaping is not permitted at G Spa.

Cell phone use is prohibited to ensure a relaxed spa environment for all guest.

Prices are subject to change without notice.

G Spa & Salon enforces a 24 hour cancellation policy.

Gratuity is not included in listed price.

Day Passes

Reward yourself with a G Spa Day Pass. Relax in your robe & slippers, and be ready to melt away the stress. Rejuvenate your spirit in our private waterfall whirlpool, sauna, steam room and sun decks, let off some tension in our fitness center, or relax by our co-ed pool and whirlpool. Your perfect oasis awaits among our many restful seating areas to unwind or have a quiet meal. The G Spa staff works seamlessly together to create the most customized of spa experiences in a beautiful and spacious setting.

A Photo ID is required upon entering G Spa & Salon
G Spa is a 21+ adult only facility

Day Passes are available for Hotel and Non Hotel Guests Monday-Friday based on availability.
G Spa Day Pass is included with any booked service
from 6:30am-9:00pm on the day of your appointment.

For more information or to book an appointment,
please call G Spa directly at 860-312-4772
For group coordination, please email GSpa@Foxwoods.com

Hair Services

- Women's Cut & Style** • \$65
- Men's Cut & Style** • \$40
- Bang Trim** • \$25
- Beard Trim** • \$30
- Nourishing Hair & Scalp Massage** • \$35
Add to any hair service
- Bodifying Hair & Scalp Massage** • \$35
Add to any hair service
- Full Keratin Treatment** • \$375
Lasts up to 16 weeks

Color Services

- Women's Single Process** • \$85
- Men's Single Process** • \$65
- Glaze** • \$65
- Ombre/Balayage** • \$190
- Partial Foils** • \$100
- Full Foils** • \$170
- Color Longevity Treatment** • \$35
Add to any hair service
- Corrective Color**
Priced upon consultation

Prices may vary based on length and texture of hair

Styling

Wash & Style • \$45

Hot Tool Styling on Dry Hair • \$25

Volume Boost • \$60

Amplified volume & fullness with heat protection and easy styling.

Red Carpet Curls • \$60

Silky smooth style with added color brilliance and heat protection for big, beautiful curls.

Soft Waves • \$60

Enhanced care, added shine and heat protection for the perfect wavy blowout.

Mini Keratin Treatment • \$85

Kiss frizzy hair good-bye and win back control. Long-lasting transformation into perfectly smooth and soft hair for up to 4 weeks.

Special Occasion Updo-Style • \$75

Special Occasion Trial • \$40

Makeup

Makeup

• \$75

Airbrush Makeup

• \$100

Eyelash Application

• \$30

Special Occasion Trial

• \$40

Onsite hair & makeup available upon request

Nail Services

Signature Pedicure • \$70

Give your tough, tired feet a break as you experience the exquisite scent of our skin-softening, citrus-infused footbath.

Signature Manicure • \$40

Replenishing Pure Fiji Pedicure • \$85

Enjoy the Pure Fiji experience with the magic touch of the islands. Revitalize your skin and stimulate your senses with a beautiful body butter masque, bursting with natural and tropical ingredients.

Replenishing Pure Fiji Manicure • \$55

Hydrating Milk & Honey Pedicure • \$100

Revamp your tired and dehydrated feet with a warm soak, soothing milk & honey scrub, relaxing leg & foot massage and our deep moisturizing masque.

Hydrating Milk & Honey Manicure • \$70

Purifying Sedona Mud Pedicure • \$100

Our Sedona Mud masque, with its fortified blend of minerals, increases circulation, replenishes moisture and protects the skin against visible signs of environmental stress.

Purifying Sedona Mud Manicure • \$70

Recommended for men

Special Nail Services

Acrylic Full Set • \$100

The most popular form of artificial nail enhancements due to its durability and low maintenance.

Acrylic Fill • \$80

Bi-weekly maintenance for the acrylic full set.

CND Shellac™ Polish • \$20

The application of a durable and longer-lasting UV cured, soak off gel polish.

Add to any manicure or pedicure

The G Machine • \$20

The “machine” is a pedicure miracle that quickly and instantly removes months of callous buildup.

Add to any pedicure

Hot Paraffin Wrap • \$20

Its unsurpassed ability to help hydrate & nourish make this treatment worth selecting.

Add to any facial, massage or nail service

Hot Stone Leg & Foot Massage • \$20

A comforting treatment that renews your legs and feet with the use of warm basalt stones to massage away aches and improve circulation.

Add to any pedicure

Waxing Services

Brow Design & Shaping	• \$30
Lip	• \$25
Chin	• \$25
Underarm	• \$35
California Bikini	• \$50
Brazilian	• \$90
Full Leg	• \$100
Half Leg	• \$75
Full Arm	• \$75
Half Arm	• \$50
Back	• \$100

Skin Treatments

All skin treatments include a brief consultation and skin analysis to ensure you are receiving the appropriate treatment

Signature Facial

50 Minutes • \$130

The perfect introductory facial for all skin types using a customized blend of botanical enzymes and anti-aging peptides.

Suggested for those receiving facials for the first time

Anti-Wrinkle Facial

50 Minutes • \$160

Fine lines and wrinkles don't stand a chance with a combination of restorative and uplifting peptides, growth factor activators and proteins.

This service will leave you glowing from the inside-out.

Suggested for mature, sun-damaged, dehydrated complexions

24K Gold Facial

50 Minutes • \$160

Indulge in the luxurious beautifying properties of 24K Gold.

This treatment reduces collagen depletion and elastin breakdown, leaving skin firm, smooth and more youthful.

Suggested for dull, dehydrated complexions

Skin Treatments

HydraFacial™

25 Minutes • \$130

Ultimate HydraFacial™

50 Minutes • \$190

Take this cutting-edge treatment to the next level by incorporating award winning, age-defying HydroPeptide products. With the use of peptides, this facial will relax wrinkles, boost collagen and restore hydration. Experience immediate, visible results with no downtime.

Suggested for all skin types

Organic Custom Facial

50 Minutes • \$160

Treat yourself and your skin to the alluring fresh scents of 100% organic products that deliver beautiful results. Feel good about feeding your skin natural, active ingredients such as coconut, blueberry & wild plum.

Suggested for all skin types

Clarifying Facial

50 Minutes • \$160

A decongesting treatment using powerful salicylic acid and acne-fighting peptides to improve skin smoothness, unclog pores and speed up cell turnover.

This service will leave your skin balanced and clear.

Suggested for clogged, acne-prone and unbalanced complexions

Skin Treatments

Soothing Facial

50 Minutes • \$160

Fight sensitivity with antioxidants, peptides and botanical stem cells. These ingredients protect the skin from free radical damage of the environment and restore hydration. After just one treatment, your skin will become soothed and refreshed.

Suggested for dry, sensitive skin

Detox Facial

50 Minutes • \$160

Our purifying, decongesting and hydrating Irish Moor Mud draws out dirt, oil and impurities as it infuses the skin with moisture and vitamins.

Suggested for stressed, tired and dehydrating skin

ADD ON TO ANY SKIN SERVICE

- Eye Collagen Treatment \$35
- Paraffin Treatment \$25
- Lip Plumping Treatment \$30
- Alpha Hydroxy Peel \$20

Ask about or seasonal skin treatments

Massage Treatments

Signature Massage

50 Minutes • \$130

80 Minutes • \$190

Whether you're looking to knead away muscle aches or to simply relax and melt away stress, our full body Swedish massage is the ideal treatment.

Spa Flexology

25 Min (feet only) • \$70

50 Min (hands & feet) • \$130

Techniques of acupressure and massage are applied to promote a feeling of relaxation and improved circulation.

Deep Tissue Massage

50 Minutes • \$150

80 Minutes • \$230

When tensions run deep, consider this powerful massage. This session concentrates on specific areas of discomfort to clear deep-rooted tension and stress.

Raindrop Massage

50 Minutes • \$165

80 Minutes • \$245

For a deep well-being, this aromatherapy treatment uses the raindrop application of 9 Young Living essential oils along the spine and feet to imitate rainfall. This treatment realigns the electrical energies in the body, thus alleviating discomfort caused by imbalance. This treatment detoxifies the spine making it great for those with back problems.

Massage Treatments

Couples Massage

50 Minutes • \$280

80 Minutes • \$398

Share the pleasure of slipping into a blissful, relaxed state with a friend, lover or any combination thereof.

Couples Retreat

50 Minutes • \$299

Indulge in our aromatherapy couple's massage with a warm, moisturizing paraffin treatment to your hands or feet. After your treatment, you will be lead to our couple's tranquility area to relax and enjoy a glass of champagne & chocolate covered strawberries.

Hot Stone Massage

50 Minutes • \$165

80 Minutes • \$245

First used by Native Americans centuries ago, our hot stones will calm the mind as it prepares the muscles to become more relaxed and open to massage.

Jojoba Soothing Massage

50 Minutes • \$145

80 Minutes • \$225

Reward yourself with our organic jojoba oil. This massage provides hydration and anti-inflammatory properties to help tame acne, ease redness and keep skin calm and comfortable.

Massage Treatments

Momma Massage

50 Minutes • \$140

Designed just for moms-to-be, our prenatal massage soothes both body and mind. Your baby is sure to gaga over it too.

Must be past first trimester

Thai Foot

25 Minutes • \$70

50 Minutes • \$130

Techniques are driven from practices of reflexology to heal the body and help increase flexibility, range of motion, improved mood, clarity and much more.

Thai Massage

50 Minutes • \$165

80 Minutes • \$245

This combination of massage and assisted stretching improves energy and flexibility.

Wearing loose, comfortable clothing, our therapists position you in a variety of yoga-like positions while using deep static & rhythmic pressure.

This treatment can be conducted on the floor or table.

Offered based on availability: Cupping Therapy, Sports Massage, Craneosacral Therapy & Reiki

Body Treatments

Salt Glow

30 Minutes • \$100

Salt, when in the hands of an expert, possesses some remarkable skin-enhancing properties. Perhaps the most important of which is that it provides you with the polish and glow you so richly deserve.

Sweet Rub & Scrub

30 Minutes • \$100

Let your body indulge in a lavish, antioxidant-rich, customized sugar scrub to increase circulation and release excess toxins while stimulating and softening the skin.

Maize and Mountain Laurel Scrub

50 Minutes • \$145

Our powerful Native American inspired treatment combines a gentle exfoliation using ground maize with health and wellness benefits of our fragrant state flower, Mountain Laurel, to leave your skin perfected.

Ultimate Aromatherapy Ritual

80 Minutes • \$235 110 Minutes • \$295

Relax and revive from head to toe with a luxurious dry brush exfoliation to tone and polish, your choice of aromatherapy oil moisture repairing wrap and complimented by your choice of a 50 or 80 minute soothing massage to melt stress and rebalance spirit.

Body Treatments

Hydrating Milk & Honey Body Scrub & Wrap

50 Minutes • \$135

Using our effective sugar scrub and fragrant body masque, this treatment hydrates head to toe. The result: silky smooth and radiant skin for days.

Detoxifying Body Scrub & Wrap

50 Minutes • \$145

Our antioxidant rich treatment naturally exfoliates to increase circulation and draw out toxins from the body.

Firming Garden Mint Algae Body Scrub & Wrap

50 Minutes • \$145

The natural benefits of the sea and herbs are used to organically boost body firmness and vitality.

Moisturizing Raindrop Body Scrub & Wrap

50 Minutes • \$150

This dry exfoliating treatment and application of warm fragrant oils stimulates the senses while leaving your skin radiant and improving your sense of well-being.

Ask about our seasonal body treatments

Design Your Own Package

Pick any combination of three or more services to create a package. You must pick at least three services. One guest per package. Prices may vary based on substitutions.

Packages are available Monday - Friday based on availability

FACE

50 Minute Signature Facial	• \$100
25 Minute Revitalizing Facial	• \$65
25 Minute HydraFacial™	• \$99
50 Minute Anti-Wrinkle Facial	• \$130
50 Minute Custom Organic Facial	• \$130
50 Minute Detox Facial	• \$130

BODY

80 Minutes Signature Massage	• \$160
50 Minute Signature Massage	• \$100
50 Minute Couples Massage	• \$110/pp
50 Minute Milk & Honey Wrap	• \$100
25 Minute Salt Scrub	• \$70
25 Minute Foot Flexology	• \$65

HAIR & NAILS

Women's Hair Cut	• \$55
Men's Hair Cut	• \$30
Hair Wash & Style	• \$39
Signature Pedicure	• \$59
Signature Manicure	• \$34
Milk & Honey Manicure	• \$64
Milk & Honey Pedicure	• \$89

G Spa & Salon
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860.312.4772
860.312.GSPA

<http://www.foxwoods.com/gspa.aspx>

