

# Massage Treatments

## **Signature Massage**

*50 Minutes* • \$130

*80 Minutes* • \$190

Whether you're looking to knead away muscle aches or to simply relax and melt away stress, our full body Swedish massage is the ideal treatment.

## **Signature Foot Massage**

*25 Min (feet only)* • \$70

*50 Min (hands & feet)* • \$130

Techniques of acupressure and massage are applied to promote a feeling of relaxation and improved circulation.

## **Deep Tissue Massage**

*50 Minutes* • \$150

*80 Minutes* • \$230

When tensions run deep, consider this powerful massage. This session concentrates on specific areas of discomfort to clear deep-rooted tension and stress.

## **Raindrop Massage**

*50 Minutes* • \$165

*80 Minutes* • \$245

For a deep well-being, this aromatherapy treatment uses the raindrop application of 9 Young Living essential oils along the spine and feet to imitate rainfall. This treatment realigns the electrical energies in the body, thus alleviating discomfort caused by imbalance. This treatment detoxifies the spine making it great for those with back problems.

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## **Couples Massage**

*50 Minutes* • \$280

*80 Minutes* • \$398

Share the pleasure of slipping into a blissful, relaxed state with a friend, lover or any combination thereof.

## **Couples Retreat**

*50 Minutes* • \$299

Indulge in our aromatherapy couple's massage with a warm, moisturizing paraffin treatment to your hands or feet. After your treatment, you will be lead to our couple's tranquility area to relax and enjoy a glass of champagne & chocolate covered strawberries.

## **Hot Stone Massage**

*50 Minutes* • \$165

*80 Minutes* • \$245

First used by Native Americans centuries ago, our hot stones will calm the mind as it prepares the muscles to become more relaxed and open to massage.

## **Jojoba Soothing Massage**

*50 Minutes* • \$145

*80 Minutes* • \$225

Reward yourself with our organic jojoba oil. This massage provides hydration and anti-inflammatory properties to help tame acne, ease redness and keep skin calm and comfortable.

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## **Momma Massage**

*50 Minutes • \$140*

Designed just for moms-to-be, our prenatal massage soothes both body and mind. Your baby is sure to gaga over it too.

*Must be past first trimester*

## **Thai Massage**

*50 Minutes • \$165*

*80 Minutes • \$245*

This combination of massage and assisted stretching improves energy and flexibility.

Wearing loose, comfortable clothing, our therapists position you in a variety of yoga-like positions while using deep static & rhythmic pressure.

This treatment can be conducted on the floor or table.

*Offered based on availability: Cupping Therapy, Sports Massage, Cranesacral Therapy & Reiki*