





## HOURS OF OPERATION

Pool, Health & Fitness Areas  
Daily 6:30 am - 9:00 pm

Salon and Spa Services  
Sunday - Thursday 8:00 am- 8:00 pm  
Friday & Saturday 8:00 am- 9:00 pm

# *A One-of-a-Kind Experience*

G Spa represents the image of its founder Gretta Monahan. Gretta is best known for her ground-breaking and award-winning salons and fashion concepts. Her beauty and fashion vision have been well documented on television and in magazines such as Vogue, Harper's Bazaar and The Rachael Ray Show.

When Gretta was invited to be part of Foxwoods Resort Casino, she knew she had a unique opportunity to create a spa that offered an unparalleled level of luxury and service. Once you enter the unique world of G Spa, you will agree that she has most definitely done so.

G Spa was designed to reflect Gretta's vision and the sensibilities of you – our clients, while respecting the Native American heritage of our hosts – the Mashantucket Pequot Tribal Nation, all in a stunning environment.

We invite you to visit G Spa and suggest that you select one or more of our treatments that we will personalize for you. After all, you are an individual inside and out, from your hair and skin to your personality and attitude.

Your treatment should be as unique as you are.

# For your Information

We offer a relaxed atmosphere, so please feel free to wear your most comfortable clothing.

G Spa is a 21+ adults only facility. We request that your children do not accompany you to G Spa.

Use of our fully-equipped locker rooms, custom G Spa robes, towels and slippers are available before and after your spa service.

We suggest that you arrive early for any G Spa & Salon service to enjoy the benefits of our elemental relaxation facilities – pool, whirlpool, steam & sauna.

We gladly accept the following methods of payment:  
Foxwoods Resort Casino room charges, Foxwoods gift cards, Foxwoods rewards points,  
all major credit cards and cash.

G Spa/Foxwoods gift cards are available for purchase at G Spa's reception desk.

To ensure a healthy environment for our clients, smoking and vaping is not permitted at G Spa.

Cell phone use is prohibited to ensure a relaxed spa environment for all guest.

Prices are subject to change without notice.

G Spa & Salon enforces a 24 hour cancellation policy.

Gratuity is not included in listed price.

# Day Passes

Reward yourself with a G Spa Day Pass. Relax in your robe & slippers, and be ready to melt away the stress. Rejuvenate your spirit in our private waterfall whirlpool, sauna, steam room and sun decks, let off some tension in our fitness center, or relax by our co-ed pool and whirlpool. Your perfect oasis awaits among our many restful seating areas to unwind or have a quiet meal. The G Spa staff works seamlessly together to create the most customized of spa experiences in a beautiful and spacious setting.

A Photo ID is required upon entering G Spa & Salon  
G Spa is a 21+ adult only facility

Day Passes are available for Hotel and Non Hotel Guests Monday-Friday based on availability.  
G Spa Day Pass is included with any booked service  
from 6:30am-9:00pm on the day of your appointment.

For more information or to book an appointment,  
please call G Spa directly at 860-312-4772  
For group coordination, please email [GSpa@Foxwoods.com](mailto:GSpa@Foxwoods.com)

## Hair Services

- Cut, Dry and Style** • \$65
- Wet Cut** • \$40
- Bang Trim** • \$25
- Beard Trim** • \$30
- Nourishing Hair & Scalp Massage** • \$35  
*Add to any hair service*
- Bodifying Hair & Scalp Massage** • \$35  
*Add to any hair service*
- Full Keratin Treatment** • \$375  
*Lasts up to 16 weeks*

## Color Services

- Single Process Color and Style** • \$85
- Single Process Color** • \$65
- Glaze** • \$65
- Ombre/Balayage** • \$190
- Partial Foils** • \$100
- Full Foils** • \$170
- Color Longevity Treatment** • \$35  
*Add to any hair service*
- Corrective Color**  
*Priced upon consultation*

Prices may vary based on length and texture of hair

## Styling

### **Wash & Style • \$45**

add on **Hot Tool Styling on Dry Hair • \$25**

### **Volume Boost • \$60**

Amplified volume & fullness with heat protection and easy styling.

### **Red Carpet Curls • \$60**

Silky smooth style with added color brilliance and heat protection for big, beautiful curls.

### **Soft Waves • \$60**

Enhanced care, added shine and heat protection for the perfect wavy blowout.

### **Special Occasion Updo-Style • \$75**

**Special Occasion Trial • \$40**

## Makeup

<b>Makeup</b>	• \$75
<b>Airbrush Makeup</b>	• \$100
<b>Eyelash Application</b>	• \$30
<b>Special Occasion Trial</b>	• \$40

Onsite hair & makeup available upon request

# *Nail Services*

## **Signature Pedicure • \$70**

Give your tough, tired feet a break as you experience the exquisite scent of our skin-softening, citrus-infused footbath.

## **Signature Manicure • \$40**

## **Replenishing Pure Fiji Pedicure • \$85**

Enjoy the Pure Fiji experience with the magic touch of the islands. Revitalize your skin and stimulate your senses with a beautiful body butter masque, bursting with natural and tropical ingredients.

## **Replenishing Pure Fiji Manicure • \$55**

## **Hydrating Milk & Honey Pedicure • \$100**

Revamp your tired and dehydrated feet with a warm soak, soothing milk & honey scrub, relaxing leg & foot massage and our deep moisturizing masque.

## **Hydrating Milk & Honey Manicure • \$70**

## **Purifying Sedona Mud Pedicure • \$100**

Our Sedona Mud masque, with its fortified blend of minerals, increases circulation, replenishes moisture and protects the skin against visible signs of environmental stress.

## **Purifying Sedona Mud Manicure • \$70**



# Special Nail Services

## **Acrylic Full Set • \$100**

The most popular form of artificial nail enhancements due to its durability and low maintenance.

## **Acrylic Fill • \$80**

Bi-weekly maintenance for the acrylic full set.

## **CND Shellac™ Polish • \$20**

The application of a durable and longer-lasting UV cured, soak off gel polish.

*Add to any manicure or pedicure*

## **The G Machine • \$20**

The “machine” is a pedicure miracle that quickly and instantly removes months of callous buildup.

*Add to any pedicure*

## **Hot Paraffin Wrap • \$25**

Its unsurpassed ability to help hydrate & nourish make this treatment worth selecting.

*Add to any facial, massage or nail service*

## **Hot Stone Leg & Foot Massage • \$20**

A comforting treatment that renews your legs and feet with the use of warm basalt stones to massage away aches and improve circulation.

*Add to any pedicure*

# Waxing Services

<b>Brow Design &amp; Shaping</b>	• \$30
<b>Lip</b>	• \$25
<b>Chin</b>	• \$25
<b>Underarm</b>	• \$35
<b>California Bikini</b>	• \$50
<b>Brazilian</b>	• \$90
<b>Full Leg</b>	• \$100
<b>Half Leg</b>	• \$75
<b>Full Arm</b>	• \$75
<b>Half Arm</b>	• \$50
<b>Back</b>	• \$100

Walk in service available for brow, lip and chin

# Skin Treatments

*All skin treatments include a brief consultation and skin analysis to ensure you are receiving the appropriate treatment*

## **Signature Facial**

*50 Minutes • \$130*

The perfect introductory facial for all skin types using a customized blend of botanical enzymes and anti-aging peptides.

*Suggested for those receiving facials for the first time*

## **Anti-Wrinkle Facial**

*50 Minutes • \$160*

Fine lines and wrinkles don't stand a chance with a combination of restorative and uplifting peptides, growth factor activators and proteins.

This service will leave you glowing from the inside-out.

*Suggested for mature, sun-damaged, dehydrated complexions*

## **24K Gold Facial**

*50 Minutes • \$160*

Indulge in the luxurious beautifying properties of 24K Gold.

This treatment reduces collagen depletion and elastin breakdown, leaving skin firm, smooth and more youthful.

*Suggested for dull, dehydrated complexions*

# Skin Treatments

## **HydraFacial™**

*25 Minutes • \$130*

## **Ultimate HydraFacial™**

*50 Minutes • \$190*

Take this cutting-edge treatment to the next level by incorporating award winning, age-defying HydroPeptide products. With the use of peptides, this facial will relax wrinkles, boost collagen and restore hydration. Experience immediate, visible results with no downtime.

*Suggested for all skin types*

## **Organic Custom Facial**

*50 Minutes • \$160*

Treat yourself and your skin to the alluring fresh scents of 100% organic products that deliver beautiful results. Feel good about feeding your skin natural, active ingredients such as coconut, blueberry & wild plum.

*Suggested for all skin types*

## **Clarifying Facial**

*50 Minutes • \$160*

A decongesting treatment using powerful salicylic acid and acne-fighting peptides to improve skin smoothness, unclog pores and speed up cell turnover.

This service will leave your skin balanced and clear.

*Suggested for clogged, acne-prone and unbalanced complexions*

# Skin Treatments

## **Soothing Facial**

*50 Minutes • \$160*

Fight sensitivity with antioxidants, peptides and botanical stem cells. These ingredients protect the skin from free radical damage of the environment and restore hydration. After just one treatment, your skin will become soothed and refreshed.

*Suggested for dry, sensitive skin*

## **Detox Facial**

*50 Minutes • \$160*

Our purifying, decongesting and hydrating Irish Moor Mud draws out dirt, oil and impurities as it infuses the skin with moisture and vitamins.

*Suggested for stressed, tired and dehydrating skin*

## **ADD ON TO ANY SKIN SERVICE**

- Eye Collagen Treatment \$35
- Paraffin Treatment \$25
- Lip Plumping Treatment \$30
- Alpha Hydroxy Peel \$20

*Ask about or seasonal skin treatments*

# Massage Treatments

## **Signature Massage**

*50 Minutes* • \$130

*80 Minutes* • \$190

Whether you're looking to knead away muscle aches or to simply relax and melt away stress, our full body Swedish massage is the ideal treatment.

## **Signature Foot Massage**

*25 Min (feet only)* • \$70

*50 Min (hands & feet)* • \$130

Techniques of acupressure and massage are applied to promote a feeling of relaxation and improved circulation.

## **Deep Tissue Massage**

*50 Minutes* • \$150

*80 Minutes* • \$230

When tensions run deep, consider this powerful massage. This session concentrates on specific areas of discomfort to clear deep-rooted tension and stress.

## **Raindrop Massage**

*50 Minutes* • \$165

*80 Minutes* • \$245

For a deep well-being, this aromatherapy treatment uses the raindrop application of 9 Young Living essential oils along the spine and feet to imitate rainfall. This treatment realigns the electrical energies in the body, thus alleviating discomfort caused by imbalance. This treatment detoxifies the spine making it great for those with back problems.

# Massage Treatments

## **Couples Massage**

*50 Minutes* • \$280

*80 Minutes* • \$398

Share the pleasure of slipping into a blissful, relaxed state with a friend, lover or any combination thereof.

## **Couples Retreat**

*50 Minutes* • \$299

Indulge in our aromatherapy couple's massage with a warm, moisturizing paraffin treatment to your hands or feet. After your treatment, you will be lead to our couple's tranquility area to relax and enjoy a glass of champagne & chocolate covered strawberries.

## **Hot Stone Massage**

*50 Minutes* • \$165

*80 Minutes* • \$245

First used by Native Americans centuries ago, our hot stones will calm the mind as it prepares the muscles to become more relaxed and open to massage.

## **Jojoba Soothing Massage**

*50 Minutes* • \$145

*80 Minutes* • \$225

Reward yourself with our organic jojoba oil. This massage provides hydration and anti-inflammatory properties to help tame acne, ease redness and keep skin calm and comfortable.

# Massage Treatments

## **Prenatal Massage**

*50 Minutes • \$140*

Our prenatal massage soothes both body and mind.

*Must be past first trimester*

## **Thai Massage**

*50 Minutes • \$165*

*80 Minutes • \$245*

This combination of massage and assisted stretching improves energy and flexibility.

Wearing loose, comfortable clothing, our therapists position you in a variety of yoga-like positions while using deep static & rhythmic pressure.

This treatment can be conducted on the floor or table.

*Offered based on availability: Cupping Therapy, Sports Massage, Craneosacral Therapy & Reiki*



# Body Treatments

## **Salt Glow**

*30 Minutes • \$100*

Salt, when in the hands of an expert, possesses some remarkable skin-enhancing properties. Perhaps the most important of which is that it provides you with the polish and glow you so richly deserve.

## **Sweet Rub & Scrub**

*30 Minutes • \$100*

Let your body indulge in a lavish, antioxidant-rich, customized sugar scrub to increase circulation and release excess toxins while stimulating and softening the skin.

## **Maize and Mountain Laurel Scrub**

*50 Minutes • \$145*

Our powerful Native American inspired treatment combines a gentle exfoliation using ground maize with health and wellness benefits of our fragrant state flower, Mountain Laurel, to leave your skin perfected.

## **Ultimate Aromatherapy Ritual**

*80 Minutes • \$235 110 Minutes • \$295*

Relax and revive from head to toe with a luxurious dry brush exfoliation to tone and polish, your choice of aromatherapy oil moisture repairing wrap and complimented by your choice of a 50 or 80 minute soothing massage to melt stress and rebalance spirit.

# Body Treatments

## **Hydrating Milk & Honey Body Scrub & Wrap**

*50 Minutes • \$135*

Using our effective sugar scrub and fragrant body masque, this treatment hydrates head to toe. The result: silky smooth and radiant skin for days.

## **Detoxifying Body Scrub & Wrap**

*50 Minutes • \$145*

Our antioxidant rich treatment naturally exfoliates to increase circulation and draw out toxins from the body.

## **Firming Garden Mint Algae Body Scrub & Wrap**

*50 Minutes • \$145*

The natural benefits of the sea and herbs are used to organically boost body firmness and vitality.

## **Moisturizing Raindrop Body Scrub & Wrap**

*50 Minutes • \$150*

This dry exfoliating treatment and application of warm fragrant oils stimulates the senses while leaving your skin radiant and improving your sense of well-being.

*Ask about our seasonal body treatments*

# Design Your Own Package

*Pick any combination of three or more services to create a package. You must pick at least three services. One guest per package. Prices may vary based on substitutions.*

**Packages are available Monday - Friday based on availability**

## FACE

50 Minute Signature Facial	• \$100
25 Minute Revitalizing Facial	• \$65
25 Minute HydraFacial™	• \$99
50 Minute Anti-Wrinkle Facial	• \$130
50 Minute Custom Organic Facial	• \$130
50 Minute Detox Facial	• \$130

## BODY

80 Minutes Signature Massage	• \$160
50 Minute Signature Massage	• \$100
50 Minute Couples Massage	• \$110/pp
50 Minute Milk & Honey Wrap	• \$100
25 Minute Salt Scrub	• \$70
25 Minute Foot Flexology	• \$65

## HAIR & NAILS

Cut, Dry and Style	• \$55
Wet Cut	• \$30
Hair Wash & Style	• \$39
Signature Pedicure	• \$59
Signature Manicure	• \$34
Milk & Honey Manicure	• \$64
Milk & Honey Pedicure	• \$89

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